

A rare case of non-surgical vocal cord paralysis: Vocal cord hematoma

Cerrahi dışı nadir bir vokal kord paralizisi olgusu: Vokal kord hematomu

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ABSTRACT

Although vocal cord paralysis (VCP) following thyroidectomy is primarily associated with surgical trauma, it is not the sole etiology. Vocal cord paralysis following thyroidectomy can be caused by a vocal cord hematoma with an incidence of 1.4% due to direct injury during orotracheal intubation. In this article, we present a case of VCP caused by vocal cord hematoma. A 32-year-old male patient who has been receiving propylthiouracil treatment for toxic multinodular goiter since 10 years was admitted to our hospital to be operated because of persisting complaints. The patient was hospitalized for sutureless thyroidectomy after he became euthyroid. Preoperative fiberoptic laryngoscopy performed by the ear, nose, and throat department revealed bilaterally motile vocal folds and a completely open airway. Patient underwent sutureless total thyroidectomy with a vessel sealing device (Ligasure™ LF1212, Covidien, CO), and a minivac drainage system was placed in the thyroid lodge. On the morning of the first postoperative day, 50 mL of serosanguinous fluid was drained. The patient's voice was normal, and there was no ecchymosis. Postoperative fiberoptic laryngoscopy revealed a hematoma near the right vocal fold and paralysis of the right vocal fold; however, the airway was open. It should be kept in mind that VCP is not solely due to surgery but can also result from intubation, as observed in this case.

Keywords: Vocal cord hematoma, vocal cord paralysis, hematoma, thyroidectomy

ÖZET

Tiroidektomi sonrası vokal kord paralizisi her ne kadar öncelikle cerrahi girişime bağlansa da tek nedeni değildir. Entübasyon sırasında doğrudan hasara bağlı olarak vokal kord hematomu görülme sıklığı %4,5 iken vokal kord hematomuna bağlı vokal kord paralizisi görülme sıklığı %1,4'tür. Bu olguda entübasyona bağlı gelişen vokal kord hematomunun oluşturduğu vokal kord paralizisi olgusu sunulmaktadır. On yıldır toksik multinodüler guatr nedeniyle propiltiourasil tedavisi alan ve şikayetleri gerilemeyen 32 yaşında erkek hasta operasyon için tarafımıza başvurmuştu. Hasta ötiroid duruma getirildikten sonra servise yatırıldı. Ameliyat öncesi fiberoptik laringoskop ile yapılan vokal kord muayenesinde vokal kordlar bilateral hareketli, solunum yolu açık olarak değerlendirilen hastaya Ligasure™ LF1212 ile bağlamasız total tiroidektomi ameliyatı yapıldı ve minivac dren yerleştirildi. Ameliyat sonrası sabah dreninden 50 cc serözanjinöz karakterde mayı gelen hastanın dreni alındı, sesi normal çıkıyordu, ciltte ekimozu yoktu. Hastaya yapılan ameliyat sonrası fiberoptik laringoskopik muayenede sağ vokal kord komşuluğunda hematoma, sağ vokal kordda paralizisi ve açık solunum yolu saptandı. Hastanın altıncı hafta kontrol muayenesinde bilateral vokal kordlar hareketli ve hematoma gerilemiş olarak izlendi. Tiroidektomi sonrası vokal kord paralizisinin her zaman cerrahi kaynaklı olmayıp bu olguda olduğu gibi entübasyona bağlı da gelişebileceğini akılda tutmak gerekir.

Anahtar Kelimeler: Vokal kord hematomu, vokal kord paralizisi, hematoma, tiroidektomi

INTRODUCTION

Thyroid surgery is one of the most popular surgeries worldwide. Postoperative hematoma after total thyroidectomy is a major but unpredictable complication. However, it can be diagnosed by follow-up after surgery even in unsuspected cases. Although it is generally asymptomatic, patients with postoperative hematoma can suffer from a range of symptoms from ecchymosis to life-threatening dyspnea (1, 2).

Vocal cord paralysis (VCP) following thyroidectomy is another major complication, and its incidence has been varied (1, 2). Although VCP following thyroidectomy is primarily associated with surgical trauma, it is not the sole etiology. Vocal cord paralysis can result from nerve damage, such as transection (complete or partial), excessive traction, direct handling, contusion, crush, thermal injury, clamping, incorrect ligature, and compromised blood supply. In addition, neurological diseases, tuberculosis, aortic aneurysms, lung and mediastinal malignancies, esophageal malignancies, metastatic tumors, and post-anesthesia complications can cause VCP (1, 2). According to a review by Jeannon et al. (3) that includes 27 articles and evaluates over 25,000 patients, the average rate of temporary VCP is 9.8% (1.4%–38.4%), whereas the average rate of permanent VCP is 2.3% (0%–18.6%). Vocal cord paralysis following thyroidectomy can result from a vocal cord hematoma with an incidence of 1.4% (4), due to direct injury during orotracheal intubation (incidence: 4.5%) (5). In this article, a case with VCP resulting from vocal cord hematoma is presented.

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CASE PRESENTATION

A 32-year-old male patient who has been receiving propylthiouracil treatment for toxic multinodular goiter since 10 years was admitted to our hospital because of persisting complaints of restlessness, fatigue, tremor, and heat intolerance. He was hospitalized for sutureless thyroidectomy after he became euthyroid.

Preoperative fiberoptic laryngoscopy performed by the ear, nose, and throat department revealed bilaterally mobile vocal folds and a completely open airway.

The patient underwent sutureless total thyroidectomy with a vessel sealing device (Ligasure™ LF1212, Covidien, CO) and a minivac drainage system was placed in the thyroid lodge (6). During operation, there was no loss of signal by intraoperative nerve monitoring (NIM-Response 3.0, Medtronic, FL).

On the morning of the first postoperative day, 50 mL of serosanguinous fluid was drained. The drain was removed; his voice was normal and there were no ecchymosis. Postoperative fiberoptic laryngoscopy revealed a hematoma near the right vocal fold (Figure 1) and paralysis on the right vocal fold; however, the airway was open. The patient was discharged within 24 h after surgery. As a routine procedure, the patient was called for a follow-up on the tenth postoperative day and at the sixth week, with the advice of application to the emergency department in case of any respiratory problems.

The patient did not apply to the emergency department or our clinic before the sixth postoperative week. Fiberoptic laryngoscopy on the sixth postoperative week revealed degraded hematoma and bilaterally mobile vocal folds (Figure 2).

The same ear, nose, and throat doctor performed all fiberoptic laryngoscopies.

DISCUSSION

Unilateral vocal cord palsy (UVCP) is a complication of thyroidectomy; however, it is not solely caused by recurrent laryngeal nerve injury. According to a study by Spataro et al. (7), UVCP occurs in 46.3%–55.6% of patients. Regarding postoperative UVCPs, 14.9%–15.7% of all cases are due to thyroid surgery and 1.9% are due to parathyroid surgery. While malignancy is responsible for 17.8%–18.4% of UVCPs, direct invasion of thyroid cancer is responsible for 1.5%. Of all UVCPs, 5.8%–6.2% are due to intubation, 3.2%–6.1% are due to trauma, and 13.2%–18.5% are idiopathic (7, 8). In this case, there was no nerve injury causing VCP; however, a hematoma caused during intubation resulted in VCP. Fifty percent of UVCPs are asymptomatic, as seen in this patient (9).

Vocal cord hematoma generally appears on the left vocal fold; this is typically related to right-sided insertion of the orotracheal tube and left-handed hold of the laryngoscope (10). However, this patient presented with a hematoma on the right side. The possible reasons for the right vocal fold injury are left handedness, inexperience, and prolonged intubation (4). Reasons for right-sided VCP in this case were not revealed even after discussing the case with the anesthesiology team.



Figure 1. Early postoperative image of vocal folds.



Figure 2. Sixth postoperative week image of vocal folds revealing that the previous hematoma on the right vocal fold had degraded.

It is hard to predict the development of a hematoma after surgery (11). Hematomas are the most limiting complications of short-stay thyroidectomy; however, this patient was discharged within 24 h after surgery.

CONCLUSION

It should be kept in mind that VCP does not solely result from surgery but can also result from intubation, as seen in this case.

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